

PROFESSIONAL *SKILLED*EXPERIENCED

Bio

Donald J. Mannarino M.A. is highly respected, dynamic and versatile, nationally certified clinical hypnotist, who has successfully conducted & perfected his popular hypnosis stop smoking and weight loss wellness seminars since 1978. As the exclusive clinical hypnotist to The American Heart Association and The American Lung Association of Ohio for over 28 years, Don has enjoyed the unique opportunity to virtually hypnotize tens-of-thousands of individuals to reach their personal level of success. Upon being awarded the Masters-of-Art degree in Counseling and Human Services from John Carroll University, Don has become an authority on the advanced induction methods of authentic hypnosis as mastered through the American Society of Clinical Hypnosis as well as receiving the national certification of the National Guild of Hypnotists. Don is a recognized member of the North American Association for the Study of Obesity, The American Association of Hypnosis, The National Guild of Hypnosis and the American Psychological Association Hypnosis Division-30. Co-author of Stop Smoking & Weight Loss Hypnosis presented to the 22nd annual scientific program of the American Society of Clinical Hypnosis. Don has been a featured guest on hundreds of radio & television shows. Area's of special interest: smoking cessation, weight loss, stress relief, motivation self-confidence, positive thinking, pain control, sports enhancement, insomnia, flight phobia, anxiety, panic disorders and ADHD.

**Nationally Certified Clinical Hypnotist
Wellness Hypnosis Seminars
Call G G Greg at 440-266-1732**

EDUCATION

**John Carroll University Post Graduate Training School
Psychology**

**John Carroll University M.A. Degree, Counseling & Human
Services**

**Cleveland State University Psychology Baccalaureate
Requisite**

**Dyke College of Business B.A. Degree Administrative
Management**

EXPERIENCE

**Clinical Hypnotist, Private Practice 1980-Current
American Lung Association, Clinical Hypnotist 1978-2005
American Heart Association, Clinical Hypnotist 1981-
1986**

Doctor's Hypnosis Inc., Clinical Hypnotist 1981-1982

Positive Hypnosis Inc., Clinical Hypnotist 1978-1981

**School Psychology Intern, Cuyahoga County Board of
Education**

TRAINING

American Society of Clinical Hypnosis

National Guild of Hypnotists

Gestalt Institute

Cleveland Psychological Association

Proseminar Institute

Personal Dynamics Institute

RECOGNITION

National Certification - National Guild of Hypnotists

North American Association for the Study of Obesity

American Psychological Association Division 30-

Hypnosis

American Association of Hypnosis

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Wellness Hypnosis Seminars Available:

Don will personally and professionally conduct each wellness seminar, assuring a highly productive and positive experience to all who participate.

Stop Smoking Seminar

It has never been a better time to become and remain a "NON-SMOKER" again! You were born a non-smoker and one day you made a choice to smoke. Thru the mind power of hypnosis you will experience NO withdrawal, NO weight gain, and NO behavior or emotional change either. With more than 28 years of clinical experience Don has become well known as the expert on smoking cessation. It is time to change your mind again and become a non-smoker just like you were born! How about some exercise suggestions too! Each participant receives a CD reinforcement copy of the hypnosis program as well as instruction on self-hypnosis for stress relief.

"Seminar is one hour in length" Cost only: \$60 per person

Weight Loss Seminar

The time is now to become and remain "THIN & SLIM" again! Remember when you felt good about yourself, but one-day you changed your eating habits. The reasons for that change truly no longer matter. With over 28 years experience and incredible success with his techniques of hypnosis for weight loss Don can most certainly help you realize the weight you want to weigh again and strengthen your self-confidence, self-control & self-discipline. It's time to end compulsive & emotional overeating isn't it. How about some exercise suggestions too! Each participant receives a CD reinforcement copy of the hypnosis program as well as instruction on self-hypnosis for stress relief.

“Seminar is one hour in length” Cost only: \$60 per person.

Corporations that have presented Don’s Hypnosis Seminars:

Ford Motor Corporation

Delphi

Chrysler Corp.

Goodyear

Crown Battery

GM Powertrain

GEM Corp.

PPG

L.E. Berry Co.

Coca-Cola

General Mills

Smythe-Cramer

Smead Corp.

Superior Clay

McDonald-Hopkins

Hobart Corp.

Ohio Casualty

Cooper farms

V & M Star

Bosch-Rex Roth

J & L Steel

Lowe’s Corp.

Little Tykes

H.C. Starck Medical

O’Cedar Brand

International Paper

ITT Industries

Dynatech

Forest City

LUK Corp.

**Queerry Glass
Cedarworks
Faureccia Corp.
Carbo-Forge
Adessa Corp.
Roibbe Corp.
Synergy Corp.
Armstrong Air
OCSCA
Chicago Rawhide
CSS
Consolidated**

**Associations that have presented Don's Hypnosis
Seminars**

**American Lung Association of Ohio
American Lung Association of Michigan
American Lung Association of Indiana
American Heart Association of Cleveland
American Heart Association of Youngstown
American Heart Association of Columbus
American Heart Association of Canton**

**Hospitals that have presented Don's Hypnosis
Seminars**

**Good Samaritan Hospital Ashland
Bellevue Hospital
Wood County Health Department
Mercer County Hospital Coldwater
Defiance Regional Medical Center
Fostoria Community
Fremont Memorial Hospital
Hardin Memorial Hospital Kenton
Lima Memorial Hospital
Mansfield General Hospital**

Marion Health Center
St. Luke's Hospital Maumee
Morrow County Hospital Mt. Gilead
Fisher Titus Hospital Norwalk
St. Charles Hospital Oregon
Magruder Hospital Port Clinton
St. Mary's Hospital
Firelands Regional Medical Sandusky
Flower Hospital Sylvania
Mercy Hospital Tiffin
St. Anne Hospital Toledo
Toledo Hospital
Wyandot Memorial Hospital
Van Wert Hospital
Fulton County Health Center
O'blesness memorial Athens
SE Regional Medical Center Cambridge
Berger hospital Circleville
Doctors Hospital Nelsonville
Muskingham Hospital Zanesville
Licking Memorial hospital Newark
Akron Children's hospital
Mercy medical Center Canton
Marymount Hospital
Hillcrest Hospital
Robinson memorial Ravenna
Geauga Hospital
St. John's West Shore Hospital
St. Elizabeth's Hospital Youngstown
St. Joes Hospital Warren
Lake County West Hospital
Drake Medical Center Cincinnati
United Way Batavia
Georgetown Hospital
West union Hospital
Hillsboro Hospital
DePaul Hospital
Clinton Hospital Wilmington

**Community Hospital Springfield
Greene City Health Dept. Xenia**

As you may conclude, Nationally Certified Clinical Hypnotist Don Mannarino, is exceptionally well trained & experienced in the area of smoking cessation & weight loss. Don's expertise clearly emanates from his vast experience and the proficiency he has acquired by perfecting his time-tested hypnosis skills for over 28 years!

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To schedule your Wellness Seminars:

Call: G G Greg at 440-266-1732